

## BCSR Packing List

Parents, please note: a lot of things get lost and/or end up in the lost and found at the Ranch, so please **label everything**, don't send anything too expensive or valuable to lose or get really dirty, and remind your camper to check the lost and found regularly.

Please also note that campers will have their **laundry done at least once a week**, so will need clothes (especially socks, underwear, and masks) to last them accordingly.

### Things to bring:

- Sleeping bag with stuff sack (we recommend sleeping bag is rated to about 30) and backpacking pad
- An old blanket, old sheet, pillow, and pillow case
- Toothbrush, toothpaste, deodorant, and other toiletry articles (including stuff for showers)
- Temperatures at Birch Creek range from cool evenings and nights to hot days; clothes should accommodate a range of temperatures.
  - Work clothes (including sturdy hiking shoes/boots, one long-sleeved shirt, pants, and well-fitting leather gloves)
  - Play clothes (shorts, t-shirts, swimsuit, and running shoes)
  - Backpacking clothes (good socks, pants/shorts other than jeans)
- Plenty of socks and underwear
- Masks (we may ask people with symptoms of illness to use a mask indoors in group)
- Hat
- Sunscreen and insect repellent
- Raingear (poncho)
- Small flashlight or headlamp
- Warm jacket or fleece
- Laundry bag
- Towel
- At least one 32oz plastic water bottle
- Well-fitting backpack for overnight hikes
- \$40-60 cash (for snacks/drinks on backpacking trips and incidentals)

### Optional Items:

- Pair of sandals for water activities and hikes (chacos, tevas, etc.)
- Beanie and leggings/track pants for cold nights on backpacking trips
- Camelbak or other kind of bladder for backpacking trips
- Small light daypack for carrying water, lunch, and sunscreen on occasional day hikes
- Sunglasses (not expensive)
- Small, lightweight hammock (eno, grand trunk, etc.)
- Stationery, pen, and postage stamps (PO Box 423, Spring City, UT 84662)
- White, cotton shirt for tie-dye

- Clothes for church (We understand that some participants would like to attend worship services in the community and we will do our best to accommodate these requests as it fits our schedule)
- Materials for personal hobbies - hemp bracelets, drawing materials, ukuleles, books, etc (we organize many crafts and activities and supply the materials, but often campers like to have materials for their own hobbies during down time)
- Snacks
- Bandana

**Please DO NOT bring cell phones or other electronic devices.** The mission of the ranch includes overcoming homesickness and other challenges, unplugging from devices and screens, and learning to appreciate work and play outdoors, as well as interactions with others in the community, unmitigated by technological devices. Campers will have the opportunity to call home every week using staff phones and campers are encouraged to write letters home. In the case of emergencies, we make exceptions to the phone guidelines. If you have questions or concerns about this, or other questions about what to pack, please let us know.